



















| Seed Type  | Depth                              | Germination (days) | Spacing   | Dimensions            | Exposure                  | When to Plant             | When Harvested  | Level of Ease         | Heat tolerance | Points of Interest   |
|--|------------------------------------|--------------------|---|-----------------------|---------------------------|---------------------------|---|-----------------------|----------------|--|
| <br>Little Finger Carrot  | 1/2"<br>(spring)<br>1"<br>(summer) | 10 to 15           | Sow: 1/2dz./1"<br>Thin: 1/2"<br>(@ 2-3" high)<br>Thin: 2-3"<br>(when root 1/2" d) | L: 3.5"<br>W: 5/8"    | Full Sun                  | Early Spring<br>Midsummer | 65-85 Days<br>When 3"   | Moderate              | High           | Try not to peel carrots when you eat them as most of the nutrients are found in or just below the skin.<br>Ideal for canning |
| <br>Mignon Carrot         | 1/2"<br>(spring)<br>1"<br>(summer) | 10 to 15           | Sow: 1/2dz./1"<br>Thin: 2-3"<br>(when root 1/2" d)                                | L: 3.5"<br>W: 5/8"    | Full Sun                  | Early Spring<br>Midsummer | 65-68 Day   | Moderate              | High           | Try not to peel carrots when you eat them as most of the nutrients are found in or just below the skin.                      |
| <br>Mizuna/ Mizuna Greens | 1/4"                               | 5 to 15            | Sow: 2"<br>Thin: 8"   | L:9"<br>D:18"         | Partial Shade             | Late Summer               | 45 Days<br>Pick individual leaves<br>or cut down to an inch and will regrow | Easy                  | High           | Ideal for late season planting doesn't require too much light<br>Edible flowers  |
| <br>Moss curled Parsley  | 1/4"                               | 16 to 21           | Sow: 1"<br>Thin: 8"   | H: 12"                | Full Sun<br>Partial Shade | Spring                    | 70 Days   | Easy                  | High           | Parsley is rich in vitamins A, C, several Bs, and Ca and Fe.   |
| <br>Nantes II Carrot    | 1/2"                               | 10 to 15           | Thin: 4"  | W: 8-10"<br>H: 18-22" | Full Sun                  | Late Winter<br>Midsummer  | 68 Days   | Moderate              | High           | Beta-carotene helps prevent cancer   |
| <br>Nasturtium          | 1"                                 | 5 to 20            | Thin:6"   | H: 12-16"             | Full Sun<br>Part Shade    | Spring                    | 60 Days   | Easy                  | High           | Edible flowers and peppery leaves can be used in salads.   |
| <br>Nigella             | 1/8"                               | 7 to 14            | Thin: 12"   | H:2'                  | Full Sun                  | Early Spring<br>Late Fall | 60-100 Days   | Easy                  | High           | Used as a spice in India and the Middle East for it's peppery flavour<br>Other names: Black Caraway, Black Cumin             |
| <br>Onion<br>Mini pearl | 1/4"-1/2"                          | 10 to 15           | Thin: 3"  | H:10-12"              | Full Sun<br>Part Shade    | Early-Mid Spring          | 60-90 Days<br>Early for green onions  | Moderate<br>Difficult | Moderate       | Bulb growth depends on Temperature.<br>Needs cool weather to establish plants  |
| <br>Onion<br>Red Creole | 1/4"-1/2"                          | 10 to 15           | Thin: 3-4"  | H: 8-12"              | Full Sun                  | Spring                    | 90-120 Days   | Moderate              | Moderate       | Harvest the green stems (scallions) at about 4-8"  |

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| <br>Onion<br><i>Sturon</i>                      | 1/4"-1/2" | 10 to 15           | Thin: 3-4"           | H: 8-12"   | Full Sun                  | Spring                                  | 100 Days       | Moderate      | Moderate       | Keeps well   |
| <br>Organic Pole Beans-<br><i>Necharhonigia</i> | 1"        | 4 to 7             | Sow: 6"              | H: 5'      | Full Sun                  | Spring                                  | 75-80 Days     | Easy          | High           | Good source of carbohydrates                               |
| <br>Plain Parsley                               | 1/2"      | 21 to 28           | Thin: 6"             | H: 12-18"  | Full Sun<br>Part Shade    | Early Spring<br>Late Fall (next season) | 56 days        | Easy          | High           | Use in Cooking   |
| <br>Pole Bear Scarlet Runner                    | 1"        | 4 to 7             | Sow: 6-9"            | H: 5-8'    | Full Sun                  | Spring                                  | 42-55 Days     | Easy          | High           | Red edible flowers   |
| <br>Pot Cilantro                              | 1/2"      | 14 to 21           | Thin: 10"            | H: 16-18"  | Full Sun                  | Spring                                  | 45 Days        | Easy          | High           | Seeds can be harvested after flowering for spice           |
| <br><i>Small Sugar</i><br>Pumpkin             | 1-1.5"    | 7 to 10            | Thin: 3-4' apart     | D: 10"     | Full Sun                  | Spring                                  | 95 Days        | Moderate      | High           | Place pumpkins on boards to ripen to protect from moisture |
| <br>Swede Radish                              | 1.5"      | 3 to 10            | Thin: 4-6"           | D: 2"      | Full Sun<br>Partial Shade | Early Spring<br>Midsummer               | 20-45 days     | Easy          | High           | Excellent source of Vitamin C                              |
| <br>Silverado Swiss Chard                     | 1/2"      | 7 to 14            | Sow: 1"<br>Thin: 8"  | H: 6-20"   | Full Sun<br>Partial Shade | Spring<br>Fall                          | 50-60 Days     | Easy          | High           | One of the most powerful anti-cancer foods                 |
| <br>Snow Pea<br><i>Desiree</i>                | 1"        | 10 to 14           | Sow: 2"<br>Thin: 24" | H: 26-32"  | Full Sun<br>Partial Shade | Spring                                  | 70 Days        | Moderate      | Moderate       | The French name is mange-tout, meaning "eat it all."       |

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| <br>Snow Pea<br><i>Oregon Sugar Pod II</i> | 1-1.5" | 7 to 10            | Sow: 2-3"           | H: 26-32"           | Full Sun<br>Partial Shade | Spring         | 68 Days                                | Easy          | Moderate       | Sweet and Tender   |
| <br>Squash<br><i>Waltham Butternut</i>     | 1"     | 8 to 10            | Sow: 6-12           | H: 24"              | Full Sun                  | Spring         | 100 Days<br>In Fall when skin is tough | Easy          | High           | Deep orange flesh contains cancer-fighting beta carotene.        |
| <br>Swiss Chard<br><i>Golden Sunrise</i>   | 1/2"   | 7 to 14            | Sow: 1"<br>Thin: 8" | H: 6-20"            | Full Sun<br>Partial Shade | Spring<br>Fall | 50-60 Days                             | Easy          | High           | Excellent for salads and steamed with others greens              |
| <br>Swiss Chard<br><i>Ruby</i>            | 1/2"   | 7 to 14            | Sow: 1"<br>Thin: 8" | H: 24"              | Full Sun<br>Partial Shade | Spring<br>Fall | 50-60 Days                             | Easy          | High           | Excellent for salads and steamed with others greens              |
| <br>Thai Basil                           | 1/4"   | 12 to 18           | Thin: 6-10"         | H: 18"              | Partial Shade             | Spring         | 59 Days                                | Easy          | High           | Great in Thai cooking and soups                                  |
| <br>Tobacco Rustica                      | 1/4"   | 12 to 18           | Thin: 12"           | H: 2-3'             | Full Sun                  | Spring         | 85 Days                                | Easy          | High           | Dry and cure leaves for smoking or just admire beautiful flowers |
| <br>Watermelon<br><i>Mickey Lee</i>      | 1-3"   | 7 to 14            | Thin: 8"            | H: 1'               | Full Sun                  | Spring         | 70-110 Days                            | Easy          | High           | Water well during hot spells                                     |
| <br>Zucchini<br><i>Black Beauty</i>      | 1-1.5" | 7 to 14            | Thin: 4"            | H: 2'<br>Vines: 10' | Full Sun                  | Spring         | 60 Days                                | Easy          | High           | Award winning  |